



Kiwaniis[®]

CLUB OF BRANDON

Brandon Kiwanis Club Bulletin

Note: The Christmas party is scheduled for Tuesday Dec 11 at noon. Hugh is collecting the names of those who plan to attend and \$20 per person.

Change of Program for Next Meeting

We do not have access to the Louis Riel room for our next meeting so it will not be practical to have Gary talk about his trip to Turkey. We will improvise with an orientation meeting to give new members more insight into how some of our committees function and more about the actual operation of our fundraising events. (Some of our older members might benefit too!) An outline of the Kiwanis Court operation and the retarded plans for an expansion of the apartment complex will be on the agenda.

For those who would like to look at the history of the technical innovation in bicycles over the last 25 years (given that we now spend so much time with them), Hamid has referred us to the following online review:

<https://arstechnica.com/gadgets/2018/11/25-years-of-two-wheeled-tech/>

Meeting of Nov. 5th

Our speaker for the last meeting was Charlotte Potyondy of Parkinson Canada. She explained Parkinson's as a progressive neurodegenerative disease where the cells in the brain responsible for producing Dopamine die. Since Dopamine is responsible for smoothing our motor functions, the result is reduced coordination. The characteristic symptoms may include tremors, rigidity, slowed movement and postural instability. There are treatments to ameliorate the symptoms including a medication (Levodopa), surgery (to allow for deep brain electrical stimulation) and exercises (boxing, cycling). Lorna Smith thanked her for the presentation on a very personal basis.



New Member Induction



New members Brian Manns, Duncan Waddell, Coreen Elliott and Norm Brown who are now enriching our club



Vern, Charlotte Potyondy, Lorna Smith and Peter

Join the exciting conversation and repartee at the Kiwanis coffee Klatches (Tuesday to Friday morning, 9:30AM at the Chicken Delight on Rosser and Saturday and Monday at McDonald's on Victoria also at 9:30AM).

What's happening at Kiwanis

- 1) Nov 20 Orientation meeting for new and old members**
- 2) Nov 27 Business Meeting**
- 3) Dec 4 Greg Gatien BU School of Music**
- 4) Dec 11 Christmas Luncheon Guests Invited**
- 5) Dec 18 No Meeting**
- 6) Dec 25 No Meeting**
- 7) Jan 1, 2019 No Meeting**

John Rice, Bulletin editor

Hugh Cowan, photography

